

Regional  
Support  
Associates

## Introduction to Functional Communication and Behaviour Skills Training

### **Course Description:**

#### **Part 1: Functional Communication Training to Decrease Challenging Behaviour**

This workshop will introduce Functional Communication Training (FCT), an evidence-based approach to reducing challenging behaviour by teaching meaningful and socially significant communication skills. It is based on the premise that all behaviour is a form of communication. We will review the foundational teaching principles behind FCT and participants will learn the basics of how to select and teach appropriate replacement communication skills.

#### **Part 2: Behaviour Skills Training**

Behaviour Skills Training (BST) is an evidence based method of teaching new skills. Direct staff often help teach new skills to people they support. This workshop will provide an introduction of how to teach skills in a positive and evidence based way. Through the use of examples, discussions, and practice, staff will have an opportunity to increase their skills and confidence with this method of teaching.

#### **Presenter(s):**

Raylene Krohn, Community Consultant  
Tiffany Forbes, Community Consultant

**Date: November 26, 2026**

**Time: 9:00 – 4:00**

**Cost: \$60.00**

**Target Audience:** This workshop is a 2-part session (full day), designed for Direct Support Professionals working in the field of developmental disabilities and intellectual disabilities looking for a fundamental understanding to FCT and BST training.

**Location: VIRTUAL**

#### **Registration Details:**

**Workshop ID: IFCBST26**

Name:

Email:

Agency:

Please forward completed registration form to [RSAAdmin@woodstockhospital.ca](mailto:RSAAdmin@woodstockhospital.ca)