



Regional  
Support  
Associates

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Pathways to Understanding  
Workshop Series 2026

## **Understanding Grief and Loss AND How to Support People with an Intellectual/ Developmental Disability in Coping with Grief and Loss**

LearningOutcomes: The participant will learn about what grief is, how it affects a person, and what is normal. The participant will also learn about the stages and theories related to grief as well as what the research says about grief and loss as it pertains to someone with an intellectual or developmental disability. The participant will learn tips and strategies for supporting a person who is grieving.

**Presenter(s):**

Maureen Eyres, RN BScN MScN, Community Health Care Consultant  
Sarah Desmarais, Community Consultant

**Date:** November 5, 2026

**Time:** 9:00–4:00

**Cost:** \$60.00

**TargetAudience:**

**Location:**

**RegistrationDetails:**

**Workshop ID- GRIEFNOV26**

**Name:**

**Email:**

**Agency:**

Please forward completed registration form to: [RSAAdmin@woodstockhospital.ca](mailto:RSAAdmin@woodstockhospital.ca)