



Regional
Support
Associates

Pathways to
Understanding Workshop
Series 2026

Understanding and Supporting People with Fetal Alcohol Spectrum Disorder (FASD)

Course Description: Fetal Alcohol Spectrum Disorder (FASD) is a complex, lifelong and often misunderstood diagnosis. This session will explore difficulties that are commonly experienced by people with FASD and provide tools and strategies that can be used to offset some of those challenges and improve quality of life. Particular attention will be paid to the experiences of people with FASD as well as those who support them.

Learning Outcomes: Understand the diagnosis of FASD, including related primary and secondary difficulties and how these can impact a person's day-to-day life across various domains (including medical, psychological, social and adaptive functioning). Identify ways to better support the challenges associated with FASD on a day-to-day basis. Best practices, anecdotal evidence and practical strategies and tools will be discussed.

Presenter(s): Dr. Melanie Kelly

Date: April 9, 2026

Time: 9:00- 4:00

Cost: \$60.00

Target Audience: Supporters who work with adults who have IDD (in a clinical or direct care provision capacity)

Location: Virtual

Registration Details:

Name:

Email:

Agency/Organization:

Please forward completed registration form to RSAadmin@woodstockhospital.ca