

PATHWAYS TO PROGRESS

Behavioural Techniques for Developmental Enhancement

Formally known as Applied Behaviour Analysis training course

All behaviour influences quality of life. Without proactive supports in place for the people we support, addressing behaviours adequately can be difficult for the support team. Applied Behaviour Analysis (ABA) is an empirically validated approach to reduce problematic behaviour and increase socially significant behaviour (Cooper, Heron & Heward, 2020).

This course will focus on increasing understanding of the core characteristics and principles that are proactive and preventative such as identifying triggers (setting events, antecedents), teaching skills, and reinforcing positive behaviours.

The application of knowledge and strategies learned to support people with intellectual disabilities and dual diagnoses to engage in socially significant behaviours is the emphasis of the course.

This course will be facilitated in a hybrid format with weekly independent learning and weekly virtual sessions facilitated by staff from Regional Support Associates. Virtual sessions will allow participants to discuss learned concepts, and complete required activities and assignments. A Certificate of Completion will be awarded on successful completion of the course.

Source: Cooper, J.O., Heron, T.E., & Heward, W.L. ((2020). *Applied Behavior Analysis, Third Edition*. Pearson Education Inc

TO REGISTER

LOCATION: (VIRTUAL)

COST: \$195.00 (RESOURCES INCLUDED)

DATES: MARCH 25, 2026 - MAY 27, 2026 - 9:30-11:30

(MARCH 25 & APRIL 29 9:00-12:00)

NAME: _____

EMAIL: _____

AGENCY/ORGANIZATION: _____

To Register, please contact administration:  rsaadmin@woodstockhospital.ca

The background of the top section is a blurred image of a laptop screen displaying a video conference grid with several participants. The text is overlaid on this image.

WHAT TO EXPECT & COMMITMENT

Behavioural Techniques for Developmental Enhancement *Formally known as Applied Behaviour Analysis training course*

Format: Course will be facilitated in a hybrid format with weekly independent learning and weekly virtual sessions facilitated by staff from Regional Support Associates.

Pre-recorded videos will be approx. 45 to 60 minutes in length and are required to be observed prior to scheduled classes on Wednesdays from 9:30-11:30. Classes will be an opportunity to engage in applied practice content.

All participants will be required to demonstrate understanding of concepts through engaged discussions within class as well as completing assignments weekly. There will be time available within each class to work on assignments.

Requirements: All participants require access to a computer to attend sessions and completion of assignments.

Recommendations: It is strongly encouraged that participants have a quiet space to fully engage in discussions and to ensure confidentiality and privacy.

A Certificate of Completion will be awarded based on participant attendance and completion of final assignment.